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# **Wonderful Food And Enchanting Family Vacations On The Island Of Lanzarote**

Enjoy the tastes of the Canaries when you relish your upcoming holiday on the mystical island of Lanzarote. From that time Columbus sailed from the Canary Islands in quest of a naval passage towards the Far East (before discovering the Americas), the Islands had been for some time been a passage between the " new world " and the old. And this is why they blend the cuisine of both Europe and Latin America, and not forgetting to mention a substantial dose of Africa tossed in the melting pot at the same time. Because these seven Spanish islands happen to be in close proximity to the North Western coast of Morocco.

This is naturally fantastic news for food lovers , and on small islands including Lanzarote you'll find a good many restaurants to explore. Some of the finest of these quality restaurants are normally found within the more expensive [Lanzarote hotels](#), most notably the Gran Melia Salinas in Costa Teguisse or the Princesa Yaiza in Playa Blanca. Having said that there's also loads of other reputable places to eat to be found across the island.

Lanzarote features an excellent selection of holiday accommodation among them some high quality [Lanzarote villas](#) which you can easily book online, and after you've landed you can begin your own "foodie" holiday from the moment you arrive.

Quite a few first time visitors on Lanzarote reasonably expect fish recipes to rule supreme on the menu, because this is an island surrounded by prime fishing waters. . In spite of this the genuine time honored favorites dominate, with both goats meat and rabbit featuring most highly on local menus. Tourists will still find lots of fish and shellfish eating establishments nonetheless, providing an extensive variety of locally hooked fish such as cherne, sama and dorada.

There are a selection of different local specialties which happen to be seriously worth tasting. For example many meals are accompanied by Papas Arrugadas, or wrinkled potatoes, that are cooked in heavily salted water, and are fantastic with fish. These are sometimes served with customary sauces or possibly mojos. There are usually one or two main variations served up in local eateries, the green often referred to as verde that is made utilizing a foundation of coriander, and also the fierier roja or red sauce featuring a lick of chilli.

Obviously if you happen to be going the whole hog and planning on checking out this beautiful island then car rental is a must have during your stay. Lanzarote car hire fees are surprisingly low compared to some other holiday destinations, which means you and your party will have the opportunity experience the scenery and even visit many of the villages to taste fresh cultivated or maybe locally caught delicacies Lanzarote style. And of course if you've got transportation it would be a travesty to fail to check out the Timanfaya national park and partake of a meal baked by the heat of the earth emanating from the dormant volcano.

Lanzarote can be described as heady combo of heritage, excellent food and some simply awe-inspiring landscapes and holiday attractions which will certainly without a doubt leave you with a taste for more.

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